

**Wettkampf 16 - 400m Freistil männlich****Pflichtzeiten**

2010: 05:15,00 2009: 05:05,00 2008: 04:55,00 2007: 04:43,00 2006: 04:39,00 2005: 04:35,00

**Jahrgangswertung Jahrgang 2010**

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und NRW Jahrgangsmeister					
	Woddow, Nils	2010	SG Ruhr	04:49,58	
	100m: 01:07,43 (01:07,43)   200m: 02:22,67 (01:15,24)   300m: 03:38,43 (01:15,76) 400m: 04:49,58 (01:11,15)				
2.	Nickel, Eric	2010	SG Mönchengladbach	04:50,59	
	100m: 01:08,07 (01:08,07)   200m: 02:23,09 (01:15,02)   300m: 03:37,93 (01:14,84) 400m: 04:50,59 (01:12,66)				
3.	Lange, Anton	2010	SG Essen	05:03,62	
	100m: 01:10,30 (01:10,30)   200m: 02:28,51 (01:18,21)   300m: 03:47,85 (01:19,34) 400m: 05:03,62 (01:15,77)				
4.	Bensaid, Saad	2010	SG Dortmund	05:05,14	
	100m: 01:12,02 (01:12,02)   200m: 02:30,98 (01:18,96)   300m: 03:49,49 (01:18,51) 400m: 05:05,14 (01:15,65)				
5.	Marasus, Elija	2010	SG Schwimmen Münster	05:06,20	
	100m: 01:13,34 (01:13,34)   200m: 02:31,61 (01:18,27)   300m: 03:50,45 (01:18,84) 400m: 05:06,20 (01:15,75)				
6.	Engemann, Sören	2010	SG Bergheim	05:08,79	
	100m: 01:14,44 (01:14,44)   200m: 02:33,23 (01:18,79)   300m: 03:52,45 (01:19,22) 400m: 05:08,79 (01:16,34)				
7.	Koop, Nikolai	2010	SG Mönchengladbach	05:11,15	
	100m: 01:10,19 (01:10,19)   200m: 02:30,07 (01:19,88)   300m: 03:52,18 (01:22,11) 400m: 05:11,15 (01:18,97)				
8.	Saldsieder, Justus Georg Friedrich	2010	SSF Bonn	05:13,32	
	100m: 01:14,29 (01:14,29)   200m: 02:35,58 (01:21,29)   300m: 03:57,11 (01:21,53) 400m: 05:13,32 (01:16,21)				
9.	Bret, David	2010	SV Rhenania Köln 1919	05:19,04	EnM
	100m: 01:15,45 (01:15,45)   200m: 02:37,19 (01:21,74)   300m: 03:59,51 (01:22,32) 400m: 05:19,04 (01:19,53)				

**Jahrgangswertung Jahrgang 2009**

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und NRW Jahrgangsmeister					
	Thiel, Larus	2009	SG Bayer	04:30,42	
	100m: 01:02,10 (01:02,10)   200m: 02:11,15 (01:09,05)   300m: 03:21,12 (01:09,97) 400m: 04:30,42 (01:09,30)				
2.	Bodenburg, Julius	2009	SG Mönchengladbach	04:35,82	
	100m: 01:06,20 (01:06,20)   200m: 02:17,22 (01:11,02)   300m: 03:28,18 (01:10,96) 400m: 04:35,82 (01:07,64)				
3.	Wiens, Jakob	2009	SG Schwimmen Münster	04:38,23	
	100m: 01:05,13 (01:05,13)   200m: 02:17,13 (01:12,00)   300m: 03:28,86 (01:11,73) 400m: 04:38,23 (01:09,37)				
4.	Zeien, Phil	2009	SG Bayer	04:56,68	
	100m: 01:09,48 (01:09,48)   200m: 02:27,29 (01:17,81)   300m: 03:44,26 (01:16,97) 400m: 04:56,68 (01:12,42)				
5.	Gabbert, Max	2009	SG Essen	04:57,95	
	100m: 01:09,67 (01:09,67)   200m: 02:27,36 (01:17,69)   300m: 03:44,43 (01:17,07) 400m: 04:57,95 (01:13,52)				
6.	Heiden, Bruno	2009	SG Neuss	04:58,75	
	100m: 01:08,55 (01:08,55)   200m: 02:25,61 (01:17,06)   300m: 03:43,80 (01:18,19) 400m: 04:58,75 (01:14,95)				

**noch Wettkampf 16 - 400m Freistil männlich****noch Jahrgangswertung Jahrgang 2009**

Platz	Schwimmer	Jg.	Verein	Endzeit	
7.	Henke, Kilian 100m: 01:10,43 (01:10,43)   200m: 02:26,80 (01:16,37)   300m: 03:43,94 (01:17,14) 400m: 04:58,92 (01:14,98)	2009	SG Mülheim	04:58,92	
8.	Wiens, Philipp 100m: 01:11,08 (01:11,08)   200m: 02:27,42 (01:16,34)   300m: 03:44,57 (01:17,15) 400m: 04:59,23 (01:14,66)	2009	SG Bergheim	04:59,23	
9.	Honstein, Max 100m: 01:09,22 (01:09,22)   200m: 02:27,40 (01:18,18)   300m: 03:45,99 (01:18,59) 400m: 05:00,18 (01:14,19)	2009	SG Oberhausen	05:00,18	
10.	Gerads, Moritz 100m: 01:09,38 (01:09,38)   200m: 05:06,61 (03:57,23)   400m: 05:06,61 (00:00,00)	2009	Stolberger SV	05:06,61	EnM

**Jahrgangswertung Jahrgang 2008**

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und NRW Jahrgangsmeister					
	Bandt, Maximilian 100m: 01:02,15 (01:02,15)   200m: 02:08,47 (01:06,32)   300m: 03:16,15 (01:07,68) 400m: 04:21,38 (01:05,23)	2008	Düsseldorfer SC 1898	04:21,38	
2.	Ameziane, Hamza 100m: 01:01,87 (01:01,87)   200m: 02:08,67 (01:06,80)   300m: 03:16,43 (01:07,76) 400m: 04:22,56 (01:06,13)	2008	SG Essen	04:22,56	
3.	Hagin, Simon 100m: 01:02,67 (01:02,67)   200m: 02:11,63 (01:08,96)   300m: 03:21,03 (01:09,40) 400m: 04:27,35 (01:06,32)	2008	SG Gelsenkirchen	04:27,35	
4.	Piontek, Nils 100m: 01:03,19 (01:03,19)   200m: 02:12,60 (01:09,41)   300m: 03:22,40 (01:09,80) 400m: 04:31,37 (01:08,97)	2008	SG Essen	04:31,37	
5.	Birk, Moritz 100m: 01:02,66 (01:02,66)   200m: 02:12,40 (01:09,74)   300m: 03:23,44 (01:11,04) 400m: 04:31,53 (01:08,09)	2008	PSV Oberhausen	04:31,53	
6.	Piontek, Paul 100m: 01:02,91 (01:02,91)   200m: 02:12,79 (01:09,88)   300m: 03:23,68 (01:10,89) 400m: 04:31,71 (01:08,03)	2008	SG Essen	04:31,71	
7.	Nam, Uhyun 100m: 01:02,77 (01:02,77)   200m: 02:12,15 (01:09,38)   300m: 03:23,72 (01:11,57) 400m: 04:34,18 (01:10,46)	2008	SG Schwimmen Münster	04:34,18	
8.	Xiao, Felix 100m: 01:04,52 (01:04,52)   200m: 02:15,62 (01:11,10)   300m: 03:29,54 (01:13,92) 400m: 04:41,88 (01:12,34)	2008	SG Mülheim	04:41,88	
9.	Henßen, Ben 100m: 01:05,38 (01:05,38)   200m: 02:18,50 (01:13,12)   300m: 03:32,85 (01:14,35) 400m: 04:45,34 (01:12,49)	2008	Jülicher Wassersportverein 1923 e.V.	04:45,34	
10.	Sanders, Kuno 100m: 01:09,01 (01:09,01)   200m: 02:23,60 (01:14,59)   300m: 03:38,37 (01:14,77) 400m: 04:50,53 (01:12,16)	2008	SG Schwimmen Münster	04:50,53	
11.	Reber, Luca 100m: 01:08,51 (01:08,51)   200m: 02:23,67 (01:15,16)   300m: 03:39,35 (01:15,68) 400m: 04:50,57 (01:11,22)	2008	SSC Hörde 54/58 e.V.	04:50,57	
12.	Kroh, Alex 100m: 01:08,44 (01:08,44)   200m: 02:23,48 (01:15,04)   300m: 03:38,69 (01:15,21) 400m: 04:51,56 (01:12,87)	2008	SG Oberhausen	04:51,56	

**noch Wettkampf 16 - 400m Freistil männlich****Jahrgangswertung Jahrgang 2007**

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und NRW Jahrgangsmeister	Klode, Henry	2007	SG Mülheim	04:20,75	
	100m: 01:00,99 (01:00,99)   200m: 02:06,89 (01:05,90)   300m: 03:13,73 (01:06,84)				
	400m: 04:20,75 (01:07,02)				
2.	Tauer, Hannes	2007	SG Neuss	04:26,59	
	100m: 01:01,70 (01:01,70)   200m: 02:08,93 (01:07,23)   300m: 03:18,26 (01:09,33)				
	400m: 04:26,59 (01:08,33)				
3.	Kock, Kevin	2007	SG Schwimmen Münster	04:28,16	
	100m: 01:02,53 (01:02,53)   200m: 02:10,41 (01:07,88)   300m: 03:19,83 (01:09,42)				
	400m: 04:28,16 (01:08,33)				
4.	Albus, Finn	2007	Aachener SV 06	04:32,70	
	100m: 01:03,81 (01:03,81)   200m: 02:12,57 (01:08,76)   300m: 03:22,73 (01:10,16)				
	400m: 04:32,70 (01:09,97)				
5.	Petzsch, Pablo	2007	SG Ruhr	04:36,30	
	100m: 01:02,45 (01:02,45)   200m: 02:12,69 (01:10,24)   300m: 03:24,94 (01:12,25)				
	400m: 04:36,30 (01:11,36)				
6.	Dinnes, Sebastian	2007	SG Mülheim	04:40,22	
	100m: 01:06,50 (01:06,50)   200m: 02:18,64 (01:12,14)   300m: 03:30,26 (01:11,62)				
	400m: 04:40,22 (01:09,96)				
7.	Popovic, Luka	2007	SG Bayer	04:40,73	
	100m: 01:03,67 (01:03,67)   200m: 02:14,01 (01:10,34)   300m: 03:26,95 (01:12,94)				
	400m: 04:40,73 (01:13,78)				
8.	Hebmüller, Philip	2007	Düsseldorfer SC 1898	04:41,52	
	100m: 01:06,80 (01:06,80)   200m: 02:19,05 (01:12,25)   300m: 03:32,05 (01:13,00)				
	400m: 04:41,52 (01:09,47)				
9.	Brower-Rabinowitsch, Aaron	2007	Düsseldorfer SC 1898	04:43,05	EnM
	100m: 01:03,58 (01:03,58)   200m: 02:16,51 (01:12,93)   300m: 03:30,87 (01:14,36)				
	400m: 04:43,05 (01:12,18)				
10.	Lange, Eric	2007	SG Bayer	04:48,34	EnM
	100m: 01:07,68 (01:07,68)   200m: 02:21,16 (01:13,48)   300m: 03:35,31 (01:14,15)				
	400m: 04:48,34 (01:13,03)				
11.	Fißmer, Benedikt	2007	SC Herford	04:49,48	EnM
	100m: 01:06,43 (01:06,43)   200m: 02:20,60 (01:14,17)   300m: 03:35,54 (01:14,94)				
	400m: 04:49,48 (01:13,94)				
	<u>abgemeldet</u>				
	Lamberty, Elias	2007	SG Euregio Swim Team		

**Jahrgangswertung Jahrgang 2006**

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und NRW Jahrgangsmeister	Reinke, Simon	2006	SG Essen	04:06,56	
	100m: 00:57,71 (00:57,71)   200m: 02:00,49 (01:02,78)   300m: 03:03,55 (01:03,06)				
	400m: 04:06,56 (01:03,01)				
2.	Koch, Thomas	2006	SG Bayer	04:22,22	
	100m: 01:01,96 (01:01,96)   200m: 02:09,89 (01:07,93)   300m: 03:18,01 (01:08,12)				
	400m: 04:22,22 (01:04,21)				
3.	Kassenbrock, Maximilian	2006	SG Schwimmen Münster	04:24,81	
	100m: 01:01,66 (01:01,66)   200m: 02:08,57 (01:06,91)   300m: 03:17,21 (01:08,64)				
	400m: 04:24,81 (01:07,60)				
4.	Otte, Jason	2006	SG Bayer	04:29,09	
	100m: 01:03,28 (01:03,28)   200m: 02:13,41 (01:10,13)   300m: 03:23,79 (01:10,38)				
	400m: 04:29,09 (01:05,30)				

**noch Wettkampf 16 - 400m Freistil männlich****noch Jahrgangswertung Jahrgang 2006**

Platz	Schwimmer	Jg.	Verein	Endzeit
5.	Grass, Andreas 100m: 01:01,68 (01:01,68)   200m: 02:11,00 (01:09,32)   300m: 03:22,50 (01:11,50) 400m: 04:32,06 (01:09,56)	2006	SG Neuss	04:32,06
6.	Dwyer, Liam 100m: 01:04,19 (01:04,19)   200m: 02:14,97 (01:10,78)   300m: 03:25,78 (01:10,81) 400m: 04:34,41 (01:08,63)	2006	SV Blau-Weiß Bochum	04:34,41
7.	Klein, Leonard 100m: 01:04,16 (01:04,16)   200m: 02:15,23 (01:11,07)   300m: 03:25,95 (01:10,72) 400m: 04:34,99 (01:09,04)	2006	SG Schwimmen Münster	04:34,99

**Jahrgangswertung Jahrgang 2005**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Jahrgangsmeister	Bäschnitt, Jarno 100m: 00:59,10 (00:59,10)   200m: 02:02,26 (01:03,16)   300m: 03:05,13 (01:02,87) 400m: 04:07,27 (01:02,14)	2005	SG Ruhr	04:07,27
2.	Schulz, Norik 100m: 00:59,26 (00:59,26)   200m: 02:02,72 (01:03,46)   300m: 03:06,22 (01:03,50) 400m: 04:08,73 (01:02,51)	2005	SG Dortmund	04:08,73
3.	Vandenhirtz, David 100m: 01:00,49 (01:00,49)   200m: 02:03,91 (01:03,42)   300m: 03:07,27 (01:03,36) 400m: 04:08,83 (01:01,56)	2005	TPSK 1925 e.V.	04:08,83
4.	Büssing, Silas 100m: 00:59,15 (00:59,15)   200m: 02:03,36 (01:04,21)   300m: 03:08,69 (01:05,33) 400m: 04:13,24 (01:04,55)	2005	SG Neuss	04:13,24
5.	Wessing, Linus 100m: 01:02,78 (01:02,78)   200m: 02:12,97 (01:10,19)   300m: 03:24,64 (01:11,67) 400m: 04:33,75 (01:09,11)	2005	SG Gladbeck/Recklinghausen	04:33,75
<b>abgemeldet</b>				
	Bodenburg, Jonas	2005	SG Mönchengladbach	
	Teslenko, Taras	2005	SG Essen	