

Wettkampf 11 - 800m Freistil weiblich**Pflichtzeiten**

1999 bis 2003: 12:45,00 1994 bis 1998: 13:15,00 1989 bis 1993: 13:45,00 1984 bis 1988: 14:15,00 1979 bis 1983: 15:00,00 1974 bis 1978: 15:45,00 1969 bis 1973: 16:30,00 1964 bis 1968: 17:15,00 1959 bis 1963: 18:00,00 1954 bis 1958: 19:00,00 1949 bis 1953: 20:00,00

AK 85

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Reich, Helga	1936/AK 85	SC Wiking Herne 1921	16:02,71
	100m: 01:45,78 (01:45,78) 200m: 03:43,52 (01:57,74) 300m: 05:41,48 (01:57,96)			
	400m: 07:45,62 (02:04,14) 500m: 09:50,28 (02:04,66) 600m: 11:55,50 (02:05,22)			
	700m: 14:01,71 (02:06,21) 800m: 16:02,71 (02:01,00)			

AK 65

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Gabriel, Elisabeth	1958/AK 65	SG Bayer	13:05,53
	100m: 01:33,08 (01:33,08) 200m: 03:12,01 (01:38,93) 300m: 04:50,52 (01:38,51)			
	400m: 06:29,21 (01:38,69) 500m: 08:09,06 (01:39,85) 600m: 09:48,96 (01:39,90)			
	700m: 11:29,19 (01:40,23) 800m: 13:05,53 (01:36,34)			

AK 60

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Sasse, Susanne	1960/AK 60	Hennefer TV 1895	14:49,44
	100m: 01:39,64 (01:39,64) 200m: 03:34,28 (01:54,64) 300m: 05:32,33 (01:58,05)			
	400m: 07:22,15 (01:49,82) 500m: 09:14,46 (01:52,31) 600m: 11:08,25 (01:53,79)			
	700m: 13:01,92 (01:53,67) 800m: 14:49,44 (01:47,52)			

AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Bach, Marion	1966/AK 55	TSV Gruiten 1884	13:20,82
	100m: 01:29,19 (01:29,19) 200m: 03:08,14 (01:38,95) 300m: 04:49,67 (01:41,53)			
	400m: 06:32,18 (01:42,51) 500m: 08:16,63 (01:44,45) 600m: 10:00,55 (01:43,92)			
	700m: 11:43,72 (01:43,17) 800m: 13:20,82 (01:37,10)			
2.	Kränsel, Irena	1968/AK 55	SG Wuppertal	13:42,73
	100m: 01:32,56 (01:32,56) 200m: 03:15,03 (01:42,47) 300m: 04:59,45 (01:44,42)			
	400m: 06:43,63 (01:44,18) 500m: 08:30,35 (01:46,72) 600m: 10:16,00 (01:45,65)			
	700m: 12:00,83 (01:44,83) 800m: 13:42,73 (01:41,90)			
3.	Spieker, Celine	1967/AK 55	SV Blau-Weiß Bochum	13:45,58
	100m: 01:34,56 (01:34,56) 200m: 03:19,77 (01:45,21) 300m: 05:07,23 (01:47,46)			
	400m: 06:52,06 (01:44,83) 500m: 08:38,19 (01:46,13) 600m: 10:22,51 (01:44,32)			
	700m: 12:07,26 (01:44,75) 800m: 13:45,58 (01:38,32)			

abgemeldet

Botz, Undine 1965/AK 55 SV Hagen 1894
König, Teodora 1966/AK 55 SC Gut Naß Altena

AK 50

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Beinke, Bettina	1973/AK 50	TG ENNIGLOH	11:00,67
	100m: 01:16,94 (01:16,94) 200m: 02:41,06 (01:24,12) 300m: 04:05,49 (01:24,43)			
	400m: 05:29,86 (01:24,37) 500m: 06:53,95 (01:24,09) 600m: 08:17,61 (01:23,66)			
	700m: 09:41,02 (01:23,41) 800m: 11:00,67 (01:19,65)			

noch Wettkampf 11 - 800m Freistil weiblich**noch AK 50**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Ashauer, Katharina	1970/AK 50	SG Wuppertal	11:36,19
	100m: 01:23,85 (01:23,85) 200m: 02:51,28 (01:27,43) 300m: 04:19,61 (01:28,33) 400m: 05:48,17 (01:28,56) 500m: 07:16,32 (01:28,15) 600m: 08:44,02 (01:27,70) 700m: 10:11,77 (01:27,75) 800m: 11:36,19 (01:24,42)			
3.	Mönig, Lanett	1970/AK 50	WSV Schermbeck	12:09,17
	100m: 01:24,41 (01:24,41) 200m: 02:55,39 (01:30,98) 300m: 04:27,42 (01:32,03) 400m: 06:00,07 (01:32,65) 500m: 07:32,13 (01:32,06) 600m: 09:05,30 (01:33,17) 700m: 10:39,05 (01:33,75) 800m: 12:09,17 (01:30,12)			

abgemeldet

Kroes, Marion 1973/AK 50 SV Hagen 1894

AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	von Rekowski, Annett	1976/AK 45	SG Bayer	10:45,34
	100m: 01:16,01 (01:16,01) 200m: 02:38,52 (01:22,51) 300m: 04:00,12 (01:21,60) 400m: 05:22,45 (01:22,33) 500m: 06:43,59 (01:21,14) 600m: 08:04,99 (01:21,40) 700m: 09:26,26 (01:21,27) 800m: 10:45,34 (01:19,08)			
2.	Koch, Merle	1976/AK 45	1. Paderborner SV 1911	11:18,69
	100m: 01:18,92 (01:18,92) 200m: 02:44,15 (01:25,23) 300m: 04:10,38 (01:26,23) 400m: 05:36,82 (01:26,44) 500m: 07:02,83 (01:26,01) 600m: 08:29,13 (01:26,30) 700m: 09:55,05 (01:25,92) 800m: 11:18,69 (01:23,64)			
3.	Hoffmann, Eva	1974/AK 45	SV Hemer 1921	12:09,64
	100m: 01:24,71 (01:24,71) 200m: 02:57,60 (01:32,89) 300m: 04:31,35 (01:33,75) 400m: 06:05,26 (01:33,91) 500m: 07:39,18 (01:33,92) 600m: 09:12,08 (01:32,90) 700m: 10:45,13 (01:33,05) 800m: 12:09,64 (01:24,51)			
4.	Humm, Tina	1975/AK 45	WSV Schermbeck	15:24,14
	100m: 01:39,24 (01:39,24) 200m: 03:36,74 (01:57,50) 300m: 05:36,71 (01:59,97) 400m: 07:35,98 (01:59,27) 500m: 09:34,26 (01:58,28) 600m: 11:32,47 (01:58,21) 700m: 13:31,57 (01:59,10) 800m: 15:24,14 (01:52,57)			

abgemeldet

Uhlig, Sandra 1974/AK 45 SG Neuss

AK 40

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Gallisch, Janine	1981/AK 40	TV Grüne Linde 1901	13:39,68
	100m: 01:38,29 (01:38,29) 200m: 03:22,97 (01:44,68) 300m: 05:08,40 (01:45,43) 400m: 06:55,03 (01:46,63) 500m: 08:38,48 (01:43,45) 600m: 10:20,32 (01:41,84) 700m: 12:02,16 (01:41,84) 800m: 13:39,68 (01:37,52)			
2.	Lenz, Tanja	1979/AK 40	SG Bayer	15:05,21
	100m: 01:48,98 (01:48,98) 200m: 03:45,46 (01:56,48) 300m: 05:40,95 (01:55,49) 400m: 07:36,60 (01:55,65) 500m: 09:31,95 (01:55,35) 600m: 11:27,01 (01:55,06) 700m: 13:20,28 (01:53,27) 800m: 15:05,21 (01:44,93)			

AK 35

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Zimmermann, Sabine	1986/AK 35	Aachener SV 06	09:41,95
	100m: 01:08,66 (01:08,66) 200m: 02:20,44 (01:11,78) 300m: 03:34,35 (01:13,91) 400m: 04:49,50 (01:15,15) 500m: 06:04,20 (01:14,70) 600m: 07:18,72 (01:14,52) 700m: 08:31,57 (01:12,85) 800m: 09:41,95 (01:10,38)			

noch Wettkampf 11 - 800m Freistil weiblich**AK 30**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Krysiak, Olga	1991/AK 30	SG Ruhr	10:55,48
	100m: 01:15,02 (01:15,02) 200m: 02:37,31 (01:22,29) 300m: 04:00,31 (01:23,00)			
	400m: 05:24,02 (01:23,71) 500m: 06:47,71 (01:23,69) 600m: 08:11,28 (01:23,57)			
	700m: 09:35,04 (01:23,76) 800m: 10:55,48 (01:20,44)			
2.	Kruse, Nicole	1990/AK 30	WSV Schermbeck	13:17,49
	100m: 01:27,50 (01:27,50) 200m: 03:07,61 (01:40,11) 300m: 04:49,27 (01:41,66)			
	400m: 06:31,47 (01:42,20) 500m: 08:13,57 (01:42,10) 600m: 09:56,01 (01:42,44)			
	700m: 11:38,33 (01:42,32) 800m: 13:17,49 (01:39,16)			

AK 25

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Wevelsiep, Lara	1994/AK 25	Hennefer TV 1895	10:50,21
	100m: 01:16,35 (01:16,35) 200m: 02:38,65 (01:22,30) 300m: 04:02,16 (01:23,51)			
	400m: 05:25,92 (01:23,76) 500m: 06:49,30 (01:23,38) 600m: 08:13,54 (01:24,24)			
	700m: 09:35,35 (01:21,81) 800m: 10:50,21 (01:14,86)			
2.	Eser, Franziska	1995/AK 25	SG Erkelenz-Hückelhoven	10:56,04
	100m: 01:14,88 (01:14,88) 200m: 02:37,37 (01:22,49) 300m: 04:01,38 (01:24,01)			
	400m: 05:24,58 (01:23,20) 500m: 06:47,73 (01:23,15) 600m: 08:11,33 (01:23,60)			
	700m: 09:34,34 (01:23,01) 800m: 10:56,04 (01:21,70)			
3.	Laufer, Julia	1995/AK 25	SC Wiking Herne 1921	12:31,93
	100m: 01:27,60 (01:27,60) 200m: 03:02,86 (01:35,26) 300m: 04:38,98 (01:36,12)			
	400m: 06:19,15 (01:40,17) 500m: 07:56,47 (01:37,32) 600m: 09:32,44 (01:35,97)			
	700m: 11:04,44 (01:32,00) 800m: 12:31,93 (01:27,49)			
4.	Pritz, Carolina	1997/AK 25	SC Hürth	12:54,02
	100m: 01:29,45 (01:29,45) 200m: 03:06,89 (01:37,44) 300m: 04:46,30 (01:39,41)			
	400m: 06:24,86 (01:38,56) 500m: 08:03,30 (01:38,44) 600m: 09:41,30 (01:38,00)			
	700m: 11:19,02 (01:37,72) 800m: 12:54,02 (01:35,00)			

AK 20

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Otto, Fabienne	2000/AK 20	TSV Solingen	09:46,13
	100m: 01:09,81 (01:09,81) 200m: 02:22,56 (01:12,75) 300m: 03:35,77 (01:13,21)			
	400m: 04:49,62 (01:13,85) 500m: 06:03,89 (01:14,27) 600m: 07:18,50 (01:14,61)			
	700m: 08:32,39 (01:13,89) 800m: 09:46,13 (01:13,74)			
2.	Paal, Elisabeth	2000/AK 20	Hennefer TV 1895	10:58,68
	100m: 01:17,74 (01:17,74) 200m: 02:41,00 (01:23,26) 300m: 04:05,58 (01:24,58)			
	400m: 05:29,97 (01:24,39) 500m: 06:54,35 (01:24,38) 600m: 08:17,67 (01:23,32)			
	700m: 09:42,15 (01:24,48) 800m: 10:58,68 (01:16,53)			
3.	Bonn, Hanna	2000/AK 20	SV Übach-Palenberg	10:58,98
	100m: 01:18,22 (01:18,22) 200m: 02:41,45 (01:23,23) 300m: 04:05,81 (01:24,36)			
	400m: 05:30,38 (01:24,57) 500m: 06:54,41 (01:24,03) 600m: 08:16,66 (01:22,25)			
	700m: 09:40,40 (01:23,74) 800m: 10:58,98 (01:18,58)			
4.	Schäfer, Carolina	2000/AK 20	SG Neuss	11:14,49
	100m: 01:17,73 (01:17,73) 200m: 02:43,10 (01:25,37) 300m: 04:09,35 (01:26,25)			
	400m: 05:36,02 (01:26,67) 500m: 07:02,08 (01:26,06) 600m: 08:28,18 (01:26,10)			
	700m: 09:53,12 (01:24,94) 800m: 11:14,49 (01:21,37)			