

**Wettkampf 11 - 800m Freistil mixed**
**AK 75**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Harms, Rainer	1950/AK 75	SV Blau-Weiß Bochum	13:47,39
	100m: 01:31,92 (01:31,92)   200m: 03:15,70 (01:43,78)   300m: 05:01,07 (01:45,37)   400m: 06:46,54 (01:45,47)			
	500m: 08:31,29 (01:44,75)   600m: 10:16,26 (01:44,97)   700m: 12:03,32 (01:47,06)   800m: 13:47,39 (01:44,07)			

**AK 70**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Nickella, Bernd	1951/AK 70	SG Essen	15:32,79
	100m: 01:41,06 (01:41,06)   200m: 03:38,47 (01:57,41)   300m: 05:37,09 (01:58,62)   400m: 07:38,00 (02:00,91)			
	500m: 09:38,01 (02:00,01)   600m: 11:37,13 (01:59,12)   700m: 13:37,46 (02:00,33)   800m: 15:32,79 (01:55,33)			
2.	Rickert, Karl-Heinz	1951/AK 70	Turn- u. Skiklub Breckerfeld	20:08,40
	100m: 02:14,84 (02:14,84)   200m: 04:48,16 (02:33,32)   300m: 07:26,83 (02:38,67)   400m: 10:00,94 (02:34,11)			
	500m: 12:34,89 (02:33,95)   600m: 15:08,73 (02:33,84)   700m: 17:38,50 (02:29,77)   800m: 20:08,40 (02:29,90)			

**AK 65**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Ludwig, Walter	1959/AK 65	SSF Sieglar 60	12:27,69
	100m: 01:28,19 (01:28,19)   200m: 03:03,86 (01:35,67)   300m: 04:38,86 (01:35,00)   400m: 06:14,80 (01:35,94)			
	500m: 07:50,00 (01:35,20)   600m: 09:24,62 (01:34,62)   700m: 10:58,75 (01:34,13)   800m: 12:27,69 (01:28,94)			
2.	Rossa, Wolfgang	1958/AK 65	TPSK 1925 e.V.	12:58,00
	100m: 01:30,66 (01:30,66)   200m: 03:07,96 (01:37,30)   300m: 04:46,22 (01:38,26)   400m: 06:25,68 (01:39,46)			
	500m: 08:04,89 (01:39,21)   600m: 09:43,12 (01:38,23)   700m: 11:22,12 (01:39,00)   800m: 12:58,00 (01:35,88)			

**AK 60**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Gotsch, Helmut	1962/AK 60	Duisburger ST	12:39,91
	100m: 01:28,07 (01:28,07)   200m: 03:04,48 (01:36,41)   300m: 04:41,40 (01:36,92)   400m: 06:18,29 (01:36,89)			
	500m: 07:55,30 (01:37,01)   600m: 09:31,35 (01:36,05)   700m: 11:08,09 (01:36,74)   800m: 12:39,91 (01:31,82)			
2.	Wölfel, Thomas	1962/AK 60	ASV Duisburg	13:34,44
	100m: 01:35,31 (01:35,31)   200m: 03:21,47 (01:46,16)   300m: 05:06,82 (01:45,35)   400m: 06:49,89 (01:43,07)			
	500m: 08:32,93 (01:43,04)   600m: 10:15,20 (01:42,27)   700m: 11:57,02 (01:41,82)   800m: 13:34,44 (01:37,42)			
3.	Jonas, Herbert	1961/AK 60	Dürener TV 1847 e.V.	14:52,47
	100m: 01:33,92 (01:33,92)   200m: 03:21,71 (01:47,79)   300m: 05:15,08 (01:53,37)   400m: 07:11,44 (01:56,36)			
	500m: 09:07,29 (01:55,85)   600m: 11:03,64 (01:56,35)   700m: 12:59,36 (01:55,72)   800m: 14:52,47 (01:53,11)			

abgemeldet

Knein, Alfons 1965/AK 60 SG Erkelenz-Hückelhoven

**AK 55**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Wrona, Torsten	1969/AK 55	SV Blau-Weiß Bochum	11:48,81
	100m: 01:21,65 (01:21,65)   200m: 02:49,32 (01:27,67)   300m: 04:18,73 (01:29,41)   400m: 05:48,28 (01:29,55)			
	500m: 07:18,63 (01:30,35)   600m: 08:49,13 (01:30,50)   700m: 10:20,73 (01:31,60)   800m: 11:48,81 (01:28,08)			

**noch Wettkampf 11 - 800m Freistil mixed**
**noch AK 55**

Platz	Schwimmer	Jg.	Verein	Endzeit
2.	Fischer, Harald	1969/AK 55	SG Bayer	12:46,96
	100m: 01:29,01 (01:29,01)   200m: 03:04,30 (01:35,29)   300m: 04:41,04 (01:36,74)   400m: 06:17,93 (01:36,89)   500m: 07:55,04 (01:37,11)   600m: 09:32,71 (01:37,67)   700m: 11:10,16 (01:37,45)   800m: 12:46,96 (01:36,80)			

abgemeldet

Coenen, Stefan 1968/AK 55 Ohligser TV

**AK 50**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Ropohl, Oliver	1972/AK 50	SC Aqua Köln	11:49,36
	100m: 01:18,00 (01:18,00)   200m: 02:46,74 (01:28,74)   300m: 04:18,48 (01:31,74)   400m: 05:50,13 (01:31,65)   500m: 07:21,69 (01:31,56)   600m: 08:53,40 (01:31,71)   700m: 10:24,89 (01:31,49)   800m: 11:49,36 (01:24,47)			
2.	Hahne, Matthias	1975/AK 50	Düsseldorf Dolphins	14:37,21
	100m: 01:37,21 (01:37,21)   200m: 03:26,88 (01:49,67)   300m: 05:18,37 (01:51,49)   400m: 07:10,92 (01:52,55)   500m: 09:04,14 (01:53,22)   600m: 10:57,46 (01:53,32)   700m: 12:47,89 (01:50,43)   800m: 14:37,21 (01:49,32)			

**AK 45**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Kielblock, Sven	1976/AK 45	Brander SV 1973 e.V.	11:23,41
	100m: 01:16,93 (01:16,93)   200m: 02:41,79 (01:24,86)   300m: 04:08,26 (01:26,47)   400m: 05:36,13 (01:27,87)   500m: 07:03,87 (01:27,74)   600m: 08:33,07 (01:29,20)   700m: 10:01,08 (01:28,01)   800m: 11:23,41 (01:22,33)			

**AK 25**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Bücker, Lukas	2000/AK 25	SG Euregio Swim Team	08:36,00
	100m: 01:00,23 (01:00,23)   200m: 02:04,51 (01:04,28)   300m: 03:09,02 (01:04,51)   400m: 04:14,64 (01:05,62)   500m: 05:20,54 (01:05,90)   600m: 06:26,51 (01:05,97)   700m: 07:32,29 (01:05,78)   800m: 08:36,00 (01:03,71)			
2.	Tenten, Sebastian	1999/AK 25	TSV Much 1913	10:26,64
	100m: 01:11,99 (01:11,99)   200m: 02:30,32 (01:18,33)   300m: 03:49,11 (01:18,79)   400m: 05:08,76 (01:19,65)   500m: 06:29,45 (01:20,69)   600m: 07:50,09 (01:20,64)   700m: 09:10,19 (01:20,10)   800m: 10:26,64 (01:16,45)			

**AK 20**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Geßner, Julian	2001/AK 20	DJK Delphin Osterfeld	10:47,13
	100m: 01:09,45 (01:09,45)   200m: 02:28,37 (01:18,92)   300m: 03:51,30 (01:22,93)   400m: 05:15,65 (01:24,35)   500m: 06:40,80 (01:25,15)   600m: 08:04,33 (01:23,53)   700m: 09:27,88 (01:23,55)   800m: 10:47,13 (01:19,25)			
2.	Bruzinski, Niklas	2001/AK 20	SV Kettwig 1907	11:56,50
	100m: 01:18,40 (01:18,40)   200m: 02:46,05 (01:27,65)   300m: 04:17,02 (01:30,97)   400m: 05:47,99 (01:30,97)   500m: 07:21,18 (01:33,19)   600m: 08:56,55 (01:35,37)   700m: 10:29,65 (01:33,10)   800m: 11:56,50 (01:26,85)			

**noch Wettkampf 11 - 800m Freistil mixed**

**AK 75**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Henn, Petra	1950/AK 75	Turn- u. Skiklub Breckerfeld	19:24,92
	100m: 02:15,43 (02:15,43)   200m: 04:41,04 (02:25,61)   300m: 07:08,33 (02:27,29)   400m: 09:36,53 (02:28,20)			
	500m: 12:03,20 (02:26,67)   600m: 14:30,46 (02:27,26)   700m: 16:57,55 (02:27,09)   800m: 19:24,92 (02:27,37)			

**AK 70**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Sewald, Gabriele	1955/AK 70	1. Paderborner SV 1911	14:40,66
	100m: 01:38,96 (01:38,96)   200m: 03:30,81 (01:51,85)   300m: 05:21,68 (01:50,87)   400m: 07:14,41 (01:52,73)			
	500m: 09:08,93 (01:54,52)   600m: 11:01,36 (01:52,43)   700m: 12:53,05 (01:51,69)   800m: 14:40,66 (01:47,61)			

**AK 60**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Botz, Undine	1965/AK 60	SV Hagen 1894	14:08,30
	100m: 01:37,45 (01:37,45)   200m: 03:24,47 (01:47,02)   300m: 05:11,48 (01:47,01)   400m: 06:58,68 (01:47,20)			
	500m: 08:46,85 (01:48,17)   600m: 10:34,97 (01:48,12)   700m: 12:24,59 (01:49,62)   800m: 14:08,30 (01:43,71)			

**AK 55**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Thielemann, Claudia	1968/AK 55	SG Bayer	10:36,78
	100m: 01:17,33 (01:17,33)   200m: 02:38,25 (01:20,92)   300m: 03:58,83 (01:20,58)   400m: 05:19,68 (01:20,85)			
	500m: 06:39,86 (01:20,18)   600m: 07:59,40 (01:19,54)   700m: 09:18,58 (01:19,18)   800m: 10:36,78 (01:18,20)			
2.	Kränsel, Irena	1968/AK 55	SG Wuppertal	13:28,23
	100m: 01:30,60 (01:30,60)   200m: 03:11,11 (01:40,51)   300m: 04:53,46 (01:42,35)   400m: 06:38,10 (01:44,64)			
	500m: 08:22,66 (01:44,56)   600m: 10:04,51 (01:41,85)   700m: 11:46,64 (01:42,13)   800m: 13:28,23 (01:41,59)			
3.	Bach, Marion	1966/AK 55	TSV Gruiten 1884	13:41,59
	100m: 01:30,53 (01:30,53)   200m: 03:13,27 (01:42,74)   300m: 04:59,20 (01:45,93)   400m: 06:45,51 (01:46,31)			
	500m: 08:32,39 (01:46,88)   600m: 10:18,73 (01:46,34)   700m: 12:02,63 (01:43,90)   800m: 13:41,59 (01:38,96)			
4.	Spieker, Celine	1967/AK 55	SV Blau-Weiß Bochum	14:00,12
	100m: 01:39,01 (01:39,01)   200m: 03:26,12 (01:47,11)   300m: 05:12,64 (01:46,52)   400m: 06:59,91 (01:47,27)			
	500m: 08:47,38 (01:47,47)   600m: 10:34,02 (01:46,64)   700m: 12:19,83 (01:45,81)   800m: 14:00,12 (01:40,29)			

**AK 50**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Ragot, Melanie	1973/AK 50	Freie Schwimmer Düsseldorf 1910	11:13,56
	100m: 01:16,93 (01:16,93)   200m: 02:40,92 (01:23,99)   300m: 04:05,92 (01:25,00)   400m: 05:31,45 (01:25,53)			
	500m: 06:56,43 (01:24,98)   600m: 08:22,64 (01:26,21)   700m: 09:49,14 (01:26,50)   800m: 11:13,56 (01:24,42)			
2.	Uhlig, Sandra	1974/AK 50	SG Neuss	11:51,54
	100m: 01:20,09 (01:20,09)   200m: 02:49,67 (01:29,58)   300m: 04:21,17 (01:31,50)   400m: 05:52,05 (01:30,88)			
	500m: 07:23,17 (01:31,12)   600m: 08:53,92 (01:30,75)   700m: 10:25,55 (01:31,63)   800m: 11:51,54 (01:25,99)			
3.	Sander, Celia	1972/AK 50	Duisburger ST	12:27,00
	100m: 01:22,72 (01:22,72)   200m: 02:57,40 (01:34,68)   300m: 04:33,15 (01:35,75)   400m: 06:08,90 (01:35,75)			
	500m: 07:44,75 (01:35,85)   600m: 09:20,18 (01:35,43)   700m: 10:55,22 (01:35,04)   800m: 12:27,00 (01:31,78)			

**noch Wettkampf 11 - 800m Freistil mixed**
**noch AK 50**

Platz	Schwimmerin	Jg.	Verein	Endzeit
4.	Kirchhoff, Tanja	1974/AK 50	SC Wiking Herne 1921	13:32,90
	100m: 01:31,78 (01:31,78)   200m: 03:15,40 (01:43,62)   300m: 05:00,05 (01:44,65)   400m: 06:43,81 (01:43,76)			
	500m: 08:27,70 (01:43,89)   600m: 10:10,90 (01:43,20)   700m: 11:53,83 (01:42,93)   800m: 13:32,90 (01:39,07)			
5.	Humm, Tina	1975/AK 50	WSV Schermbeck	14:14,10
	100m: 01:37,11 (01:37,11)   200m: 03:26,58 (01:49,47)   300m: 05:16,73 (01:50,15)   400m: 07:05,38 (01:48,65)			
	500m: 08:53,32 (01:47,94)   600m: 10:41,84 (01:48,52)   700m: 12:30,16 (01:48,32)   800m: 14:14,10 (01:43,94)			

**AK 45**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Brand, Daniela	1978/AK 45	SV Hagen 1894	11:57,13
	100m: 01:22,34 (01:22,34)   200m: 02:52,81 (01:30,47)   300m: 04:24,79 (01:31,98)   400m: 05:56,06 (01:31,27)			
	500m: 07:27,35 (01:31,29)   600m: 08:58,33 (01:30,98)   700m: 10:28,52 (01:30,19)   800m: 11:57,13 (01:28,61)			
2.	Margolf, Susanne	1979/AK 45	SG Wuppertal	12:03,65
	100m: 01:21,26 (01:21,26)   200m: 02:51,34 (01:30,08)   300m: 04:23,03 (01:31,69)   400m: 05:55,28 (01:32,25)			
	500m: 07:28,87 (01:33,59)   600m: 09:01,32 (01:32,45)   700m: 10:33,83 (01:32,51)   800m: 12:03,65 (01:29,82)			
3.	Lenz, Tanja	1979/AK 45	SG Bayer	13:10,12
	100m: 01:33,55 (01:33,55)   200m: 03:13,79 (01:40,24)   300m: 04:55,97 (01:42,18)   400m: 06:32,36 (01:36,39)			
	500m: 08:12,76 (01:40,40)   600m: 09:53,08 (01:40,32)   700m: 11:32,71 (01:39,63)   800m: 13:10,12 (01:37,41)			
4.	Drews, Kerren	1980/AK 45	Schwimmverein Langenfeld 1912	13:32,87
	100m: 01:30,84 (01:30,84)   200m: 03:13,00 (01:42,16)   300m: 04:56,88 (01:43,88)   400m: 06:41,17 (01:44,29)			
	500m: 08:25,56 (01:44,39)   600m: 10:09,84 (01:44,28)   700m: 11:53,71 (01:43,87)   800m: 13:32,87 (01:39,16)			
5.	Allhenn, Daniela	1979/AK 45	TSV Much 1913	13:33,75
	100m: 01:28,40 (01:28,40)   200m: 03:08,62 (01:40,22)   300m: 04:52,90 (01:44,28)   400m: 06:37,72 (01:44,82)			
	500m: 08:24,58 (01:46,86)   600m: 10:09,55 (01:44,97)   700m: 11:54,40 (01:44,85)   800m: 13:33,75 (01:39,35)			
6.	Cox, Mareike	1979/AK 45	ASV Duisburg	13:41,51
	100m: 01:27,37 (01:27,37)   200m: 03:08,46 (01:41,09)   300m: 04:53,12 (01:44,66)   400m: 06:37,01 (01:43,89)			
	500m: 08:23,41 (01:46,40)   600m: 10:10,29 (01:46,88)   700m: 11:57,29 (01:47,00)   800m: 13:41,51 (01:44,22)			
7.	Bielitzki, Stefanie	1976/AK 45	DJK Delphin Osterfeld	13:47,55
	100m: 01:32,52 (01:32,52)   200m: 03:16,46 (01:43,94)   300m: 05:01,15 (01:44,69)   400m: 06:46,72 (01:45,57)			
	500m: 08:33,27 (01:46,55)   600m: 10:20,95 (01:47,68)   700m: 12:07,65 (01:46,70)   800m: 13:47,55 (01:39,90)			

**AK 40**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Grothe, Sarah	1983/AK 40	SC Wiking Herne 1921	11:47,51
	100m: 01:20,85 (01:20,85)   200m: 02:48,86 (01:28,01)   300m: 04:19,03 (01:30,17)   400m: 05:49,85 (01:30,82)			
	500m: 07:20,60 (01:30,75)   600m: 08:51,29 (01:30,69)   700m: 10:21,23 (01:29,94)   800m: 11:47,51 (01:26,28)			
2.	Nachtigall, Julia	1985/AK 40	SG Essen	14:03,94
	100m: 01:37,02 (01:37,02)   200m: 03:22,39 (01:45,37)   300m: 05:09,86 (01:47,47)   400m: 06:59,55 (01:49,69)			
	500m: 08:46,14 (01:46,59)   600m: 10:32,74 (01:46,60)   700m: 12:18,58 (01:45,84)   800m: 14:03,94 (01:45,36)			

**abgemeldet**

Gallisch, Janine 1981/AK 40 ATV 1878 Dorstfeld

**noch Wettkampf 11 - 800m Freistil mixed**
**AK 35**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Blau, Nina	1989/AK 35	Turn- u. Skiklub Breckerfeld	13:35,40
	100m: 01:32,64 (01:32,64)   200m: 03:15,14 (01:42,50)   300m: 05:00,07 (01:44,93)   400m: 06:45,40 (01:45,33)			
	500m: 08:31,17 (01:45,77)   600m: 10:15,24 (01:44,07)   700m: 11:57,55 (01:42,31)   800m: 13:35,40 (01:37,85)			

**AK 30**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Kreuznacht, Cathrin	1994/AK 30	SV Wasserfreunde Dülmen 1966 e.V.	10:51,78
	100m: 01:13,26 (01:13,26)   200m: 02:34,67 (01:21,41)   300m: 03:56,47 (01:21,80)   400m: 05:20,14 (01:23,67)			
	500m: 06:44,13 (01:23,99)   600m: 08:08,21 (01:24,08)   700m: 09:32,34 (01:24,13)   800m: 10:51,78 (01:19,44)			
2.	Roskosch, Stefanie	1994/AK 30	SV Blau-Weiß Bochum	11:11,70
	100m: 01:13,45 (01:13,45)   200m: 02:35,81 (01:22,36)   300m: 04:01,78 (01:25,97)   400m: 05:29,19 (01:27,41)			
	500m: 06:56,29 (01:27,10)   600m: 08:22,83 (01:26,54)   700m: 09:49,46 (01:26,63)   800m: 11:11,70 (01:22,24)			
3.	Lankers, Dorothee	1995/AK 30	Wassersportverein Herringen 1929 e.V.	11:17,35
	100m: 01:15,78 (01:15,78)   200m: 02:40,12 (01:24,34)   300m: 04:05,91 (01:25,79)   400m: 05:32,47 (01:26,56)			
	500m: 06:59,76 (01:27,29)   600m: 08:26,43 (01:26,67)   700m: 09:52,70 (01:26,27)   800m: 11:17,35 (01:24,65)			
4.	Freitag, Pia	1994/AK 30	TuS Sundern	11:22,09
	100m: 01:19,20 (01:19,20)   200m: 02:43,41 (01:24,21)   300m: 04:09,07 (01:25,66)   400m: 05:35,36 (01:26,29)			
	500m: 07:01,76 (01:26,40)   700m: 09:56,69 (02:54,93)   800m: 11:22,09 (01:25,40)			
5.	Laufer, Julia	1995/AK 30	SC Wiking Herne 1921	12:07,52
	100m: 01:26,60 (01:26,60)   200m: 02:58,92 (01:32,32)   300m: 04:31,45 (01:32,53)   400m: 06:03,82 (01:32,37)			
	500m: 07:35,48 (01:31,66)   600m: 09:07,20 (01:31,72)   700m: 10:38,23 (01:31,03)   800m: 12:07,52 (01:29,29)			
6.	Nier, Alexandra	1992/AK 30	SSF Bonn	13:27,59
	100m: 01:34,98 (01:34,98)   200m: 03:17,84 (01:42,86)   300m: 05:01,67 (01:43,83)   400m: 06:44,79 (01:43,12)			
	500m: 08:28,44 (01:43,65)   600m: 10:11,60 (01:43,16)   700m: 11:52,59 (01:40,99)   800m: 13:27,59 (01:35,00)			

**abgemeldet**

Eser, Franziska	1995/AK 30	SG Erkelenz-Hückelhoven
Keller, Lena	1994/AK 30	SG Erkelenz-Hückelhoven
Krysiak, Olga	1991/AK 30	Team Bochum
Meuthen, Enoh	1991/AK 30	SG Bayer

**AK 25**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Becker, Helena	1996/AK 25	SSF Bonn	10:28,01
	100m: 01:11,32 (01:11,32)   200m: 02:29,55 (01:18,23)   300m: 03:48,56 (01:19,01)   400m: 05:08,23 (01:19,67)			
	500m: 06:28,01 (01:19,78)   600m: 07:49,02 (01:21,01)   700m: 09:09,46 (01:20,44)   800m: 10:28,01 (01:18,55)			
2.	Rechter, Insa	1997/AK 25	1. Paderborner SV 1911	10:30,82
	100m: 01:14,98 (01:14,98)   200m: 02:35,00 (01:20,02)   300m: 03:55,86 (01:20,86)   400m: 05:16,11 (01:20,25)			
	500m: 06:35,77 (01:19,66)   600m: 07:55,37 (01:19,60)   700m: 09:14,19 (01:18,82)   800m: 10:30,82 (01:16,63)			
3.	Schubert, Nikola	1999/AK 25	SV Blau-Weiß Bochum	10:43,40
	100m: 01:12,40 (01:12,40)   200m: 02:32,46 (01:20,06)   300m: 03:54,64 (01:22,18)   400m: 05:17,39 (01:22,75)			
	500m: 06:40,42 (01:23,03)   600m: 08:02,73 (01:22,31)   700m: 09:24,25 (01:21,52)   800m: 10:43,40 (01:19,15)			
4.	Müller, Catrin	2000/AK 25	TSV Much 1913	11:07,78
	100m: 01:15,03 (01:15,03)   200m: 02:39,86 (01:24,83)   300m: 04:05,84 (01:25,98)   400m: 05:32,59 (01:26,75)			
	500m: 06:59,03 (01:26,44)   600m: 08:24,93 (01:25,90)   700m: 09:48,46 (01:23,53)   800m: 11:07,78 (01:19,32)			

## noch Wettkampf 11 - 800m Freistil mixed

### noch AK 25

Platz	Schwimmerin	Jg.	Verein	Endzeit
5.	Schmidt-Stafford, Anna	1997/AK 25	SG Euregio Swim Team	11:49,29
	100m: 01:21,67 (01:21,67)   200m: 02:50,80 (01:29,13)   300m: 04:21,54 (01:30,74)   400m: 05:52,00 (01:30,46)			
	500m: 07:22,60 (01:30,60)   600m: 08:52,32 (01:29,72)   700m: 10:22,36 (01:30,04)   800m: 11:49,29 (01:26,93)			
6.	Hildebrandt, Mona	1999/AK 25	1. Paderborner SV 1911	12:05,21
	100m: 01:25,18 (01:25,18)   200m: 02:57,68 (01:32,50)   300m: 04:30,61 (01:32,93)   400m: 06:03,61 (01:33,00)			
	500m: 07:34,93 (01:31,32)   600m: 09:06,06 (01:31,13)   700m: 10:37,64 (01:31,58)   800m: 12:05,21 (01:27,57)			
7.	Ostermann, Kimberly	1999/AK 25	SV Wasserfreunde Dülmen 1966 e.V.	12:20,51
	100m: 01:22,36 (01:22,36)   200m: 02:53,54 (01:31,18)   300m: 04:27,64 (01:34,10)   400m: 06:03,00 (01:35,36)			
	500m: 07:38,32 (01:35,32)   600m: 09:13,26 (01:34,94)   700m: 10:47,39 (01:34,13)   800m: 12:20,51 (01:33,12)			

### AK 20

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Vollmer, Mia	2003/AK 20	Freie Schwimmer Düsseldorf 1910	09:54,07
	100m: 01:08,19 (01:08,19)   200m: 02:21,76 (01:13,57)   300m: 03:36,29 (01:14,53)   400m: 04:51,01 (01:14,72)			
	500m: 06:06,38 (01:15,37)   600m: 07:22,73 (01:16,35)   700m: 08:39,00 (01:16,27)   800m: 09:54,07 (01:15,07)			
2.	Santos Krämer, Lara	2005/AK 20	Jülicher Wassersportverein 1923 e.V.	10:23,53
	100m: 01:13,45 (01:13,45)   200m: 02:32,80 (01:19,35)   300m: 03:52,03 (01:19,23)   400m: 05:11,13 (01:19,10)			
	500m: 06:31,13 (01:20,00)   600m: 07:50,88 (01:19,75)   700m: 09:09,09 (01:18,21)   800m: 10:23,53 (01:14,44)			
3.	Schroeder, Henrike Maren	2005/AK 20	Dürener TV 1847 e.V.	10:51,37
	100m: 01:15,77 (01:15,77)   200m: 02:38,83 (01:23,06)   300m: 04:01,69 (01:22,86)   400m: 05:24,40 (01:22,71)			
	500m: 06:47,19 (01:22,79)   600m: 08:09,82 (01:22,63)   700m: 09:32,48 (01:22,66)   800m: 10:51,37 (01:18,89)			
4.	Mantau, Delia	2003/AK 20	SV Wasserfreunde Soest e.V. 1913	11:52,14
	100m: 01:20,84 (01:20,84)   200m: 02:49,81 (01:28,97)   300m: 04:21,60 (01:31,79)   400m: 05:53,34 (01:31,74)			
	500m: 07:25,23 (01:31,89)   600m: 08:56,51 (01:31,28)   700m: 10:26,65 (01:30,14)   800m: 11:52,14 (01:25,49)			
5.	Grospitz, Marlen	2004/AK 20	TG ENNIGLOH	13:36,22
	100m: 01:31,36 (01:31,36)   200m: 03:13,11 (01:41,75)   300m: 04:57,20 (01:44,09)   500m: 08:27,00 (03:29,80)			
	600m: 10:11,45 (01:44,45)   700m: 11:55,61 (01:44,16)   800m: 13:36,22 (01:40,61)			