

Wettkampf 2 - 400m Freistil männlich

AK 80

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und NRW Masters Altersklassenmeister					
	Friedhelm Ständer	1945/AK 80	SG Essen	07:32,57	NRWM
	100m: 01:48,41 (01:48,41) 200m: 04:03,54 (02:15,13) 300m: 06:26,36 (02:22,82) 400m: 07:32,57 (01:06,21)				

AK 75

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und NRW Masters Altersklassenmeister	Lutz Wollny	1951/AK 75	Wassersportverein Herringen 1929 e.V.	06:45,64	
	100m: 01:32,91 (01:32,91) 200m: 03:17,95 (01:45,04) 300m: 05:02,00 (01:44,05) 400m: 06:45,64 (01:43,64)				

AK 70

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und NRW Masters Altersklassenmeister	Günter Uhlich	1952/AK 70	SG Gladbeck/Recklinghausen	06:38,50	
	100m: 01:33,71 (01:33,71) 200m: 03:17,07 (01:43,36) 300m: 05:01,27 (01:44,20) 400m: 06:38,50 (01:37,23)				

AK 65

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und NRW Masters Altersklassenmeister	Bernd Fischer	1958/AK 65	SSF Bonn	05:46,31	
	100m: 01:22,00 (01:22,00) 200m: 02:51,16 (01:29,16) 300m: 04:19,33 (01:28,17) 400m: 05:46,31 (01:26,98)				
2.	Martin Chaumet	1961/AK 65	SG Essen	06:01,74	
	100m: 01:26,34 (01:26,34) 200m: 02:56,82 (01:30,48) 300m: 04:29,55 (01:32,73) 400m: 06:01,74 (01:32,19)				
3.	Wolfgang Rossa	1958/AK 65	TPSK 1925 e.V.	06:29,66	
	100m: 01:33,90 (01:33,90) 200m: 03:12,57 (01:38,67) 300m: 04:51,78 (01:39,21) 400m: 06:29,66 (01:37,88)				
4.	Axel Vipotnik	1957/AK 65	Wassersportverein Herringen 1929 e.V.	07:16,99	
	100m: 01:39,13 (01:39,13) 200m: 03:32,64 (01:53,51) 300m: 05:25,38 (01:52,74) 400m: 07:16,99 (01:51,61)				

nicht am Start

Hans-Jörg Kuck 1961/AK 65 SSF Bonn

AK 60

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und NRW Masters Altersklassenmeister	Lutz Schröder	1965/AK 60	Freie Schwimmer Düsseldorf 1910	05:33,36	
	100m: 01:19,15 (01:19,15) 200m: 02:44,44 (01:25,29) 300m: 04:10,16 (01:25,72) 400m: 05:33,36 (01:23,20)				
2.	Ralf Dillig	1965/AK 60	Duisburger ST	05:39,39	
	100m: 01:19,54 (01:19,54) 200m: 02:47,75 (01:28,21) 300m: 04:15,44 (01:27,69) 400m: 05:39,39 (01:23,95)				
3.	Helmut Gotsch	1962/AK 60	Duisburger ST	06:15,34	
	100m: 01:27,02 (01:27,02) 200m: 03:04,01 (01:36,99) 300m: 04:41,25 (01:37,24) 400m: 06:15,34 (01:34,09)				
4.	Peter Bosselmann	1966/AK 60	SG Rhein-Sieg	06:18,75	
	100m: 01:24,57 (01:24,57) 200m: 03:00,56 (01:35,99) 300m: 04:40,61 (01:40,05) 400m: 06:18,75 (01:38,14)				

AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und NRW Masters Altersklassenmeister	Oliver Heltewig	1971/AK 55	SV Wuppertal-Neuenhof 1930	05:33,87	
	100m: 01:14,10 (01:14,10) 200m: 02:39,19 (01:25,09) 300m: 04:07,97 (01:28,78) 400m: 05:33,87 (01:25,90)				

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noch AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Markus Knillmann	1971/AK 55	SV Neptun Erkenschwick	05:36,16
	100m: 01:15,74 (01:15,74) 200m: 02:42,02 (01:26,28) 300m: 04:11,21 (01:29,19) 400m: 05:36,16 (01:24,95)			
3.	Ingolf Seibert	1969/AK 55	Schwimmverein Langenfeld 1912	05:38,80
	100m: 01:20,53 (01:20,53) 200m: 02:48,27 (01:27,74) 300m: 04:14,92 (01:26,65) 400m: 05:38,80 (01:23,88)			
4.	Markus Hildebrandt	1969/AK 55	SG Essen	05:48,84
	100m: 01:19,45 (01:19,45) 200m: 02:49,12 (01:29,67) 300m: 04:19,94 (01:30,82) 400m: 05:48,84 (01:28,90)			
5.	Stefan Coenen	1968/AK 55	Ohligser TV	06:21,72
	100m: 01:24,04 (01:24,04) 200m: 03:00,04 (01:36,00) 300m: 04:41,54 (01:41,50) 400m: 06:21,72 (01:40,18)			
6.	Boris Bulj	1969/AK 55	ASV Duisburg	06:38,32
	100m: 01:31,04 (01:31,04) 200m: 03:15,21 (01:44,17) 300m: 04:59,00 (01:43,79) 400m: 06:38,32 (01:39,32)			

AK 50

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Sven Kielblock	1976/AK 50	Brander SV 1973 e.V.	05:18,70
	100m: 01:14,10 (01:14,10) 200m: 02:36,24 (01:22,14) 300m: 03:58,86 (01:22,62) 400m: 05:18,70 (01:19,84)			
2.	Oliver Weinert	1973/AK 50	SG Siegen	05:47,27
	100m: 01:18,67 (01:18,67) 200m: 02:45,57 (01:26,90) 300m: 04:15,53 (01:29,96) 400m: 05:47,27 (01:31,74)			
3.	Patrick Loeb	1974/AK 50	ASV Duisburg	05:51,40
	100m: 01:20,75 (01:20,75) 200m: 02:50,90 (01:30,15) 300m: 04:22,38 (01:31,48) 400m: 05:51,40 (01:29,02)			
4.	Claus Lewandowski	1972/AK 50	SSF Bonn	06:18,91
	100m: 01:23,07 (01:23,07) 200m: 02:59,85 (01:36,78) 300m: 04:40,68 (01:40,83) 400m: 06:18,91 (01:38,23)			

AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Jan Dolkemeyer	1978/AK 45	Brander SV 1973 e.V.	05:24,88
	100m: 01:14,10 (01:14,10) 200m: 02:36,17 (01:22,07) 300m: 04:00,73 (01:24,56) 400m: 05:24,88 (01:24,15)			
2.	Michel Krüger	1978/AK 45	Düsseldorf Dolphins	05:54,03
	100m: 01:15,61 (01:15,61) 200m: 02:43,65 (01:28,04) 300m: 04:18,38 (01:34,73) 400m: 05:54,03 (01:35,65)			

AK 40

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und NRW Masters Altersklassenmeister	Stefan Geisen	1983/AK 40	Ohligser TV	04:34,22	NRWM
	100m: 01:02,63 (01:02,63) 200m: 02:13,01 (01:10,38) 300m: 03:24,20 (01:11,19) 400m: 04:34,22 (01:10,02)				
2.	Christian Eudenbach	1986/AK 40	SG Gladbeck/Recklinghausen	05:22,11	
	100m: 01:15,13 (01:15,13) 200m: 02:37,74 (01:22,61) 300m: 04:00,37 (01:22,63) 400m: 05:22,11 (01:21,74)				
3.	Daniel Krause	1985/AK 40	Wassersportverein Herringen 1929 e.V.	06:19,76	
	100m: 01:23,47 (01:23,47) 200m: 02:58,54 (01:35,07) 300m: 04:37,67 (01:39,13) 400m: 06:19,76 (01:42,09)				

AK 35

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Jan David Weber	1991/AK 35	Duisburger ST	05:19,88
	100m: 01:13,80 (01:13,80) 200m: 02:35,18 (01:21,38) 300m: 03:58,96 (01:23,78) 400m: 05:19,88 (01:20,92)			
2.	Henrik Sie	1988/AK 35	Düsseldorf Dolphins	05:37,25
	100m: 01:16,46 (01:16,46) 200m: 02:44,17 (01:27,71) 300m: 04:13,33 (01:29,16) 400m: 05:37,25 (01:23,92)			

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AK 30

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Niclas Kohlmetz	1994/AK 30	TB Wülfrath	05:26,23
	100m: 01:10,68 (01:10,68) 200m: 02:31,06 (01:20,38) 300m: 03:57,14 (01:26,08) 400m: 05:26,23 (01:29,09)			
2.	Yannick Sinnecker	1993/AK 30	SG Rhein-Sieg	05:32,02
	100m: 01:12,64 (01:12,64) 200m: 02:36,90 (01:24,26) 300m: 04:06,07 (01:29,17) 400m: 05:32,02 (01:25,95)			

AK 25

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Lukas Bücken	2000/AK 25	SG Euregio Swim Team	04:18,84
	100m: 01:00,82 (01:00,82) 200m: 02:06,90 (01:06,08) 300m: 03:12,90 (01:06,00) 400m: 04:18,84 (01:05,94)			
2.	Niklas Serges	1998/AK 25	SG Essen	04:48,32
	100m: 01:06,86 (01:06,86) 200m: 02:21,08 (01:14,22) 300m: 03:35,76 (01:14,68) 400m: 04:48,32 (01:12,56)			
3.	Thomas Paschen	1999/AK 25	SG Siegen	05:28,55
	100m: 01:13,67 (01:13,67) 200m: 02:37,01 (01:23,34) 300m: 04:03,87 (01:26,86) 400m: 05:28,55 (01:24,68)			
4.	Jan Peter Roskosch	1998/AK 25	Team Bochum	06:12,39
	100m: 01:14,89 (01:14,89) 200m: 02:46,97 (01:32,08) 300m: 04:28,49 (01:41,52) 400m: 06:12,39 (01:43,90)			

AK 20

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Max Henrik Preuß	2006/AK 20	SV Neptun Erkenschwick	04:15,21
	100m: 00:58,11 (00:58,11) 200m: 02:03,20 (01:05,09) 300m: 03:09,98 (01:06,78) 400m: 04:15,21 (01:05,23)			
2.	Florian Bartschmid	2002/AK 20	TB Wülfrath	05:24,84
	100m: 01:08,52 (01:08,52) 200m: 02:31,84 (01:23,32) 300m: 03:59,11 (01:27,27) 400m: 05:24,84 (01:25,73)			

NRWM