

Abschnitt 3 - Sonntag 22.03.2026

Einlass: 08:00 Uhr | Einschwimmen: 08:00 Uhr | Kampfrichtersitzung: 08:45 Uhr

Beginn: 09:30 Uhr

Wettkampfstätte

Schwimmsportleistungszentrum, Küllenhahner Str. 130, 42349 Wuppertal
10 Bahnen á 50m, Wellenkiller, Elektronik, Wassertemperatur: ca. 26°C

Kampfgericht Abschnitt 3

| Position | Name | Verein |
|-------------------------|------------------------|---------------|
| Schiedsrichter weiblich | Silke Godejohann | SV NRW |
| Schiedsrichter männlich | Markus Klaes | SV NRW |
| Starter weiblich | Maja Teckentrup | SV NRW |
| Starter männlich | Hans-Georg Vanik | SV NRW |
| Schwimmrichter 1 | Markus Feldhaus | SV NRW |
| Schwimmrichter 2 | Inga Sieven | SV NRW |
| Sprecher 1 | Volkmar Schmidt | SV NRW |
| Sprecher 2 | Katharina Huth | SV NRW |
| Auswerter 1 | Jeanette Vieth | SV NRW |
| Protokollführer | Eva Steinhoff | SV NRW |
| Computer 1 | SchwimmsportserviceNRW | |

Zielgericht

| Position | Name | Verein |
|-----------------|----------------|---------------|
| Zielrichter 1 | Markus Scheer | SV NRW |
| Zielrichter 2 | Diana Presse | SV NRW |
| Zielrichter 3 | Klaus Bradtke | SV NRW |
| Zielrichter 4 | Marco Gerth | SV NRW |
| Zielrichter 5 | freier Starter | SV NRW |

Zeitgericht 1

| Position | Name | Verein |
|---------------------|-------------------|---------------|
| Zeitnehmerobmann | Thomas Wachholz | SV NRW |
| Zeitnehmer Bahn 0 | Christoph Bieker | SV NRW |
| Zeitnehmer Bahn 1 | Ilka Nickel | SV NRW |
| Zeitnehmer Bahn 2 | Wichard Johannsen | SV NRW |
| Zeitnehmer Bahn 3 | Helmut Faust | SV NRW |
| Zeitnehmer Bahn 4 | Beatrix Schubert | SV NRW |
| Zeitnehmer Bahn 5 | Ingo Schulz | SV NRW |
| Zeitnehmer Bahn 6 | Irina Pabel | SV NRW |
| Zeitnehmer Bahn 7 | Stefan Scheidler | SV NRW |
| Zeitnehmer Bahn 8 | Thomas Eis | SV NRW |
| Zeitnehmer Bahn 9 | Christine Köhne | SV NRW |
| Reservezeitnehmer 1 | Thomas Wachholz | SV NRW |

noch Kampfgericht Abschnitt 3**Wendegericht**

| Position | Name | Verein |
|---------------------|--------------------|---------------|
| Wenderichter Obmann | Andrea Rentmeister | SV NRW |
| Wenderichter Bahn 0 | Florian Grässle | SV NRW |
| Wenderichter Bahn 1 | Florian Grässle | SV NRW |
| Wenderichter Bahn 2 | Frank Schäfer | SV NRW |
| Wenderichter Bahn 3 | Frank Schäfer | SV NRW |
| Wenderichter Bahn 4 | Lars Kreilkamp | SV NRW |
| Wenderichter Bahn 5 | Lars Kreilkamp | SV NRW |
| Wenderichter Bahn 6 | Stephanie Schwung | SV NRW |
| Wenderichter Bahn 7 | Stephanie Schwung | SV NRW |
| Wenderichter Bahn 8 | Axel Bielinski | SV NRW |
| Wenderichter Bahn 9 | Axel Bielinski | SV NRW |

Wettkampffolge für Abschnitt 3

- Wettkampf 19 - 400m Freistil weiblich
- Wettkampf 20 - 400m Freistil männlich
- Wettkampf 21 - 50m Schmetterling weiblich (Vorlauf)
- Wettkampf 22 - 50m Schmetterling männlich (Vorlauf)
- Wettkampf 23 - 200m Rücken weiblich (Vorlauf)
- Wettkampf 24 - 200m Rücken männlich (Vorlauf)
- Wettkampf 25 - 100m Freistil weiblich (Vorlauf)
- Wettkampf 26 - 100m Freistil männlich (Vorlauf)
- Wettkampf 27 - 4x100m Lagen mixed
- Wettkampf 28 - 100m Brust weiblich (Vorlauf)
- Wettkampf 29 - 100m Brust männlich (Vorlauf)
- Wettkampf 30 - 50m Rücken weiblich (Vorlauf)
- Wettkampf 31 - 50m Rücken männlich (Vorlauf)
- Wettkampf 32 - 200m Schmetterling weiblich (Vorlauf)
- Wettkampf 33 - 200m Schmetterling männlich (Vorlauf)
- Wettkampf 34 - 4x200m Freistil weiblich
- Wettkampf 35 - 4x200m Freistil männlich

Wettkampf 19 - 400m Freistil weiblich

Pflichtzeiten

2013: 05:06,00 2012: 04:59,00 2011: 04:54,00 2010: 04:53,00 2009: 04:53,00 2007 bis 2008: 04:53,00
 2006 und älter: 04:49,00

Jugend

| Platz | Schwimmer(in) | Jg/SK | Verein | Endzeit | Rudolph |
|---------------------------------|---|-------|----------------------------|----------|---------|
| 1. und NRW-Jugendmeisterin 2026 | | | | | |
| | Helene Boller | 2011 | SG Essen | 04:42,03 | |
| | 100m: 01:05,40 (01:05,40) 200m: 02:17,78 (01:12,38) 300m: 03:30,63 (01:12,85) 400m: 04:42,03 (01:11,40) | | | | |
| 2. | Ida Huth | 2011 | TPSK 1925 e.V. | 04:43,78 | |
| | 100m: 01:06,05 (01:06,05) 200m: 02:18,79 (01:12,74) 300m: 03:32,11 (01:13,32) 400m: 04:43,78 (01:11,67) | | | | |
| 3. | Sophie Simone Satsukevych | 2012 | SG Mönchengladbach | 04:44,51 | |
| | 100m: 01:05,86 (01:05,86) 200m: 02:19,16 (01:13,30) 300m: 03:33,01 (01:13,85) 400m: 04:44,51 (01:11,50) | | | | |
| 4. | Katalin Omai | 2011 | SSF Bonn | 04:45,35 | |
| | 100m: 01:07,73 (01:07,73) 200m: 02:19,56 (01:11,83) 300m: 03:32,66 (01:13,10) 400m: 04:45,35 (01:12,69) | | | | |
| 5. | Julia Bodenbug | 2013 | SG Mönchengladbach | 04:46,93 | |
| | 100m: 01:07,53 (01:07,53) 200m: 02:20,50 (01:12,97) 300m: 03:34,54 (01:14,04) 400m: 04:46,93 (01:12,39) | | | | |
| 6. | Johanna Jänike | 2011 | SG Mülheim | 04:49,33 | |
| | 100m: 01:07,49 (01:07,49) 200m: 02:21,25 (01:13,76) 300m: 03:35,54 (01:14,29) 400m: 04:49,33 (01:13,79) | | | | |
| 7. | Emma Weckbecker | 2012 | SG Mülheim | 04:51,04 | |
| | 100m: 01:08,21 (01:08,21) 200m: 02:22,27 (01:14,06) 300m: 03:36,90 (01:14,63) 400m: 04:51,04 (01:14,14) | | | | |
| 8. | Jule Jessen | 2013 | SG Mülheim | 04:53,78 | |
| | 100m: 01:07,99 (01:07,99) 200m: 02:22,56 (01:14,57) 300m: 03:38,64 (01:16,08) 400m: 04:53,78 (01:15,14) | | | | |
| 9. | Iva Rezig | 2011 | SG Siegen | 04:54,44 | |
| | 100m: 01:07,36 (01:07,36) 200m: 02:22,04 (01:14,68) 300m: 03:38,43 (01:16,39) 400m: 04:54,44 (01:16,01) | | | | |
| 10. | Marlene Linke | 2012 | SG Gladbeck/Recklinghausen | 04:55,50 | |
| | 100m: 01:08,87 (01:08,87) 200m: 02:24,77 (01:15,90) 300m: 03:41,02 (01:16,25) 400m: 04:55,50 (01:14,48) | | | | |
| 11. | Helena Jansen | 2011 | SG Gladbeck/Recklinghausen | 04:56,94 | EnM |
| | 100m: 01:08,69 (01:08,69) 200m: 02:24,70 (01:16,01) 300m: 03:41,57 (01:16,87) 400m: 04:56,94 (01:15,37) | | | | |
| 12. | Nele Blasch | 2013 | SG Mülheim | 04:59,46 | |
| | 100m: 01:09,84 (01:09,84) 200m: 02:27,75 (01:17,91) 300m: 03:44,43 (01:16,68) 400m: 04:59,46 (01:15,03) | | | | |
| 13. | Mia Radloff | 2012 | SG Essen | 04:59,62 | EnM |
| | 100m: 01:08,07 (01:08,07) 200m: 02:24,58 (01:16,51) 300m: 03:42,71 (01:18,13) 400m: 04:59,62 (01:16,91) | | | | |

noch Wettkampf 19 - 400m Freistil weiblich
noch Jugend

| Platz | Schwimmer(in) | Jg/SK | Verein | Endzeit | Rudolph |
|-------|---|-------|----------------------------|----------|---------|
| 14. | Emily Lea Görke | 2013 | SG Gladbeck/Recklinghausen | 05:01,67 | |
| | 100m: 01:10,37 (01:10,37) 200m: 02:27,98 (01:17,61) 300m: 03:46,03 (01:18,05) 400m: 05:01,67 (01:15,64) | | | | |
| 15. | Alexandra Cremers | 2013 | Uerdinger Schwimmverein 08 | 05:10,78 | EnM |
| | 100m: 01:12,71 (01:12,71) 200m: 02:33,16 (01:20,45) 300m: 03:52,65 (01:19,49) 400m: 05:10,78 (01:18,13) | | | | |
| | <u>nicht am Start</u> | | | | |
| | Paula Deuker | 2013 | SG Essen | | |

Juniorinnen

| Platz | Schwimmer(in) | Jg/SK | Verein | Endzeit | Rudolph |
|-----------------------------------|---|-------|------------------------|----------|---------|
| 1. und NRW-Juniorenmeisterin 2026 | | | | | |
| | Zara Selimovic | 2007 | SG Essen | 04:24,12 | |
| | 100m: 01:03,41 (01:03,41) 200m: 02:11,25 (01:07,84) 300m: 03:18,35 (01:07,10) 400m: 04:24,12 (01:05,77) | | | | |
| 2. | Cleo Hentschke | 2008 | SG Essen | 04:35,38 | |
| | 100m: 01:05,09 (01:05,09) 200m: 02:15,07 (01:09,98) 300m: 03:26,07 (01:11,00) 400m: 04:35,38 (01:09,31) | | | | |
| 3. | Charlotte Schwung | 2007 | TPSK 1925 e.V. | 04:41,03 | |
| | 100m: 01:06,41 (01:06,41) 200m: 02:18,23 (01:11,82) 300m: 03:30,07 (01:11,84) 400m: 04:41,03 (01:10,96) | | | | |
| 4. | Mia Pennartz | 2008 | TPSK 1925 e.V. | 04:49,20 | |
| | 100m: 01:08,34 (01:08,34) 200m: 02:21,37 (01:13,03) 300m: 02:21,37 (00:00,00) 400m: 04:49,20 (02:27,83) | | | | |
| 5. | Emmi Liara Schneider | 2008 | SG Siegen | 04:50,87 | |
| | 100m: 01:08,39 (01:08,39) 200m: 02:22,74 (01:14,35) 300m: 03:37,62 (01:14,88) 400m: 04:50,87 (01:13,25) | | | | |
| 6. | Darya Sklyar | 2008 | 1. Paderborner SV 1911 | 04:52,14 | |
| | 100m: 01:08,57 (01:08,57) 200m: 02:22,63 (01:14,06) 300m: 03:38,12 (01:15,49) 400m: 04:52,14 (01:14,02) | | | | |

Offene Wertung

| Platz | Schwimmer(in) | Jg/SK | Verein | Endzeit | Rudolph |
|---------------------------|---|-------|----------------------------|----------|---------|
| 1. und NRW Meisterin 2026 | | | | | |
| | Zarina Selimovic | 2010 | SG Dortmund | 04:24,06 | |
| | 100m: 01:02,99 (01:02,99) 200m: 02:10,31 (01:07,32) 300m: 03:17,78 (01:07,47) 400m: 04:24,06 (01:06,28) | | | | |
| 2. | Zara Selimovic | 2007 | SG Essen | 04:24,12 | |
| | 100m: 01:03,41 (01:03,41) 200m: 02:11,25 (01:07,84) 300m: 03:18,35 (01:07,10) 400m: 04:24,12 (01:05,77) | | | | |
| 3. | Mariia Yepifanova | 2009 | SG Dortmund | 04:33,09 | |
| | 100m: 01:04,45 (01:04,45) 200m: 02:14,15 (01:09,70) 300m: 03:24,18 (01:10,03) 400m: 04:33,09 (01:08,91) | | | | |
| 4. | Marina Maja Krietenbrink | 2010 | SG Essen | 04:35,08 | |
| | 100m: 01:06,34 (01:06,34) 200m: 02:17,21 (01:10,87) 300m: 03:27,53 (01:10,32) 400m: 04:35,08 (01:07,55) | | | | |
| 5. | Sophia Brauneck | 2009 | SG Dortmund | 04:35,09 | |
| | 100m: 01:05,03 (01:05,03) 200m: 02:15,32 (01:10,29) 300m: 03:26,12 (01:10,80) 400m: 04:35,09 (01:08,97) | | | | |
| 6. | Cleo Hentschke | 2008 | SG Essen | 04:35,38 | |
| | 100m: 01:05,09 (01:05,09) 200m: 02:15,07 (01:09,98) 300m: 03:26,07 (01:11,00) 400m: 04:35,38 (01:09,31) | | | | |
| 7. | Anja Düker | 2009 | SG Gladbeck/Recklinghausen | 04:39,89 | |
| | 100m: 01:05,99 (01:05,99) 200m: 02:16,48 (01:10,49) 300m: 03:28,31 (01:11,83) 400m: 04:39,89 (01:11,58) | | | | |
| 8. | Charlotte Schwung | 2007 | TPSK 1925 e.V. | 04:41,03 | |
| | 100m: 01:06,41 (01:06,41) 200m: 02:18,23 (01:11,82) 300m: 03:30,07 (01:11,84) 400m: 04:41,03 (01:10,96) | | | | |
| 9. | Helene Boller | 2011 | SG Essen | 04:42,03 | |
| | 100m: 01:05,40 (01:05,40) 200m: 02:17,78 (01:12,38) 300m: 03:30,63 (01:12,85) 400m: 04:42,03 (01:11,40) | | | | |
| 10. | Ida Huth | 2011 | TPSK 1925 e.V. | 04:43,78 | |
| | 100m: 01:06,05 (01:06,05) 200m: 02:18,79 (01:12,74) 300m: 03:32,11 (01:13,32) 400m: 04:43,78 (01:11,67) | | | | |
| 11. | Anni Winter | 2010 | SG Dortmund | 04:44,50 | |
| | 100m: 01:06,31 (01:06,31) 200m: 02:18,30 (01:11,99) 300m: 03:31,70 (01:13,40) 400m: 04:44,50 (01:12,80) | | | | |
| 12. | Sophie Simone Satsukevych | 2012 | SG Mönchengladbach | 04:44,51 | |
| | 100m: 01:05,86 (01:05,86) 200m: 02:19,16 (01:13,30) 300m: 03:33,01 (01:13,85) 400m: 04:44,51 (01:11,50) | | | | |
| 13. | Katalin Omai | 2011 | SSF Bonn | 04:45,35 | |
| | 100m: 01:07,73 (01:07,73) 200m: 02:19,56 (01:11,83) 300m: 03:32,66 (01:13,10) 400m: 04:45,35 (01:12,69) | | | | |

noch Wettkampf 19 - 400m Freistil weiblich
noch Offene Wertung

| Platz | Schwimmer(in) | Jg/SK | Verein | Endzeit | Rudolph |
|-------|--|---------|-------------------------------------|----------|---------|
| 14. | Julia Bodenbug 100m: 01:07,53 (01:07,53) 200m: 02:20,50 (01:12,97) 300m: 03:34,54 (01:14,04) 400m: 04:46,93 (01:12,39) | 2013 | SG Mönchengladbach | 04:46,93 | |
| 15. | Lisa Düker 100m: 01:07,57 (01:07,57) 200m: 02:20,34 (01:12,77) 300m: 03:34,65 (01:14,31) 400m: 04:48,76 (01:14,11) | 2009 | SG Gladbeck/Recklinghausen | 04:48,76 | |
| 16. | Mia Pennartz 100m: 01:08,34 (01:08,34) 200m: 02:21,37 (01:13,03) 300m: 02:21,37 (00:00,00) 400m: 04:49,20 (02:27,83) | 2008 | TPSK 1925 e.V. | 04:49,20 | |
| 17. | Johanna Jänike 100m: 01:07,49 (01:07,49) 200m: 02:21,25 (01:13,76) 300m: 03:35,54 (01:14,29) 400m: 04:49,33 (01:13,79) | 2011 | SG Mülheim | 04:49,33 | |
| 18. | Emmi Liara Schneider 100m: 01:08,39 (01:08,39) 200m: 02:22,74 (01:14,35) 300m: 03:37,62 (01:14,88) 400m: 04:50,87 (01:13,25) | 2008 | SG Siegen | 04:50,87 | |
| 19. | Emma Weckbecker 100m: 01:08,21 (01:08,21) 200m: 02:22,27 (01:14,06) 300m: 03:36,90 (01:14,63) 400m: 04:51,04 (01:14,14) | 2012 | SG Mülheim | 04:51,04 | |
| 20. | Darya Sklyar 100m: 01:08,57 (01:08,57) 200m: 02:22,63 (01:14,06) 300m: 03:38,12 (01:15,49) 400m: 04:52,14 (01:14,02) | 2008 | 1. Paderborner SV 1911 | 04:52,14 | |
| 21. | Jule Jessen 100m: 01:07,99 (01:07,99) 200m: 02:22,56 (01:14,57) 300m: 03:38,64 (01:16,08) 400m: 04:53,78 (01:15,14) | 2013 | SG Mülheim | 04:53,78 | |
| 22. | Iva Rezic 100m: 01:07,36 (01:07,36) 200m: 02:22,04 (01:14,68) 300m: 03:38,43 (01:16,39) 400m: 04:54,44 (01:16,01) | 2011 | SG Siegen | 04:54,44 | |
| 23. | Lea Isabelle Weber 100m: 01:06,86 (01:06,86) 200m: 02:20,50 (01:13,64) 300m: 03:37,14 (01:16,64) 400m: 04:54,50 (01:17,36) | 2010 | Freie Schwimmer Düsseldorf 1910 | 04:54,50 | EnM |
| 24. | Marlene Linke 100m: 01:08,87 (01:08,87) 200m: 02:24,77 (01:15,90) 300m: 03:41,02 (01:16,25) 400m: 04:55,50 (01:14,48) | 2012 | SG Gladbeck/Recklinghausen | 04:55,50 | |
| 25. | Helena Jansen 100m: 01:08,69 (01:08,69) 200m: 02:24,70 (01:16,01) 300m: 03:41,57 (01:16,87) 400m: 04:56,94 (01:15,37) | 2011 | SG Gladbeck/Recklinghausen | 04:56,94 | EnM |
| 26. | Hannah Pabel 100m: 01:09,08 (01:09,08) 200m: 02:25,67 (01:16,59) 300m: 03:44,70 (01:19,03) 400m: 04:58,52 (01:13,82) | 2010 | Schwimmverein Langenfeld 1912 | 04:58,52 | EnM |
| 27. | Nele Blasch 100m: 01:09,84 (01:09,84) 200m: 02:27,75 (01:17,91) 300m: 03:44,43 (01:16,68) 400m: 04:59,46 (01:15,03) | 2013 | SG Mülheim | 04:59,46 | |
| 28. | Mia Radloff 100m: 01:08,07 (01:08,07) 200m: 02:24,58 (01:16,51) 300m: 03:42,71 (01:18,13) 400m: 04:59,62 (01:16,91) | 2012 | SG Essen | 04:59,62 | EnM |
| 29. | Nele Kosche 100m: 01:09,51 (01:09,51) 200m: 02:25,84 (01:16,33) 300m: 03:43,18 (01:17,34) 400m: 04:59,83 (01:16,65) | 2009 | Uerdinger Schwimmverein 08 | 04:59,83 | EnM |
| 30. | Ida Philine Schneider 100m: 01:10,23 (01:10,23) 200m: 02:26,87 (01:16,64) 300m: 03:44,48 (01:17,61) 400m: 05:01,08 (01:16,60) | 2010 | SG Siegen | 05:01,08 | EnM |
| 31. | Joline Fokken 100m: 01:12,41 (01:12,41) 200m: 02:30,09 (01:17,68) 300m: 03:47,10 (01:17,01) 400m: 05:01,41 (01:14,31) | 2010 | SG Neuss | 05:01,41 | EnM |
| 32. | Emily Lea Görke 100m: 01:10,37 (01:10,37) 200m: 02:27,98 (01:17,61) 300m: 03:46,03 (01:18,05) 400m: 05:01,67 (01:15,64) | 2013 | SG Gladbeck/Recklinghausen | 05:01,67 | |
| 33. | Alexandra Cremers 100m: 01:12,71 (01:12,71) 200m: 02:33,16 (01:20,45) 300m: 03:52,65 (01:19,49) 400m: 05:10,78 (01:18,13) | 2013 | Uerdinger Schwimmverein 08 | 05:10,78 | EnM |
| 34. | Annika Lekon 100m: 01:16,97 (01:16,97) 200m: 02:39,21 (01:22,24) 300m: 04:01,07 (01:21,86) 400m: 05:21,70 (01:20,63) | 2003/S9 | SG Schwimmen Münster (Para) | 05:21,70 | |
| 35. | Pia Sophie Huppertz 100m: 01:16,31 (01:16,31) 200m: 02:38,65 (01:22,34) 300m: 04:02,04 (01:23,39) 400m: 05:22,56 (01:20,52) | 2002/S9 | Brander SV 1973 e.V. (Para) | 05:22,56 | |
| 36. | Charlotte Hallermann 100m: 01:18,00 (01:18,00) 200m: 02:43,00 (01:25,00) 300m: 04:08,08 (01:25,08) 400m: 05:32,80 (01:24,72) | 2006/AB | Ahlener SG, Abt. Wassersport (Para) | 05:32,80 | |

nicht am Start

| | | |
|-------------------------------|------|----------------|
| Rebecca Dany | 2001 | TPSK 1925 e.V. |
| Renata Medugorje Sosa Vázquez | 2006 | SG Bayer |
| Sydney Savannah Ferch | 2009 | SG Dortmund |

noch Wettkampf 19 - 400m Freistil weiblich**DBS-Wertung - Para**

| Platz | Schwimmer(in) | Jg/SK | Verein | Endzeit | DBS |
|-------|---|---------|-------------------------------------|----------|-----|
| 1. | Annika Lekon | 2003/S9 | SG Schwimmen Münster (Para) | 05:21,70 | 538 |
| | 100m: 01:16,97 (01:16,97) 200m: 02:39,21 (01:22,24) 300m: 04:01,07 (01:21,86) 400m: 05:21,70 (01:20,63) | | | | |
| 2. | Pia Sophie Huppertz | 2002/S9 | Brander SV 1973 e.V. (Para) | 05:22,56 | 534 |
| | 100m: 01:16,31 (01:16,31) 200m: 02:38,65 (01:22,34) 300m: 04:02,04 (01:23,39) 400m: 05:22,56 (01:20,52) | | | | |
| 3. | Charlotte Hallermann | 2006/AB | Ahlener SG, Abt. Wassersport (Para) | 05:32,80 | 380 |
| | 100m: 01:18,00 (01:18,00) 200m: 02:43,00 (01:25,00) 300m: 04:08,08 (01:25,08) 400m: 05:32,80 (01:24,72) | | | | |